Globalization has brought social, educational, economic, and technological transformations. The workplace demands generic skills, especially communication and collaborative work. Developing higher education programs based on learning these essential competences has become a top priority.

To demonstrate the effectiveness of the PBL methodology within the context of a transversal subject in improving interpersonal competences, teamworking, and communication skills.

This research has proposed an innovative model of PBL within the context of a transversal curricular subject, focusing on the development of transversal competences, especially those related to teamwork and communication.

Quasi-experimental research project with a pre-test and post-test design and a nonequivalent control group.

The Librtert-type questionnaire consisted of 37 items:
- 18 corresponding to intrapersonal competences;
- 18 corresponding to interpersonal competences; and
- 1 criterion item.

SAMPLE:
Control Group (CG): 323 students, 1st year University, Madrid.
Experimental Group (EG): 387 students, 1st year University, Madrid.

This research has proposed an innovative model of PBL within the context of a transversal curriculum subject, focusing on the development of transversal competences, especially those related to teamwork and communication.

It demonstrates the effectiveness of PBL in the development of these skills among university students.